



# The City of Grove City Parks & Recreation Department



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Mayor

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614-277-3050 • Weather Hotline: 614-277-3060 (4, 5) • GroveCityOhio.gov

## 2020 Co-Rec Volleyball Rules

### General

1. All games are played under the rules of the Ohio High School Athletic Association (OHSAA) as defined in their official rulebook in all cases except where noted in these rules.
2. Teams must provide a roster/list of players prior to the start of the first game and prior to subsequent games if changes in the serving order occur.
3. **Unsportsmanlike Conduct**
  - a. Unsportsmanlike conduct is not tolerated **before, during or after a game**, and will result in ejection from the contest and/or indefinite suspension.
  - b. Any time an incident happens on the playing court, all players who leave the bench area are subject to ejection from the contest unless they are offering necessary medical assistance.
  - c. An ejection accompanied with a written report by a game official will result in further disciplinary action taken by the department. Penalties imposed at the end of the season carry over to the following season.
  - d. Players and coaches will be suspended for one year from all Grove City Parks and Recreation Department athletic programs for participating in a game while under suspension. Participating includes being on the playing court during or after the game.
  - e. Any player ejected from a game must leave the facility immediately.
4. **Ejection/Suspension Policy**

Ejections and suspensions may carry over from season to season in all adult sport leagues. An ejection noted on a scorecard would allow the umpire to recommend one of the following disciplinary actions:

  - a. No suspension as ejection is disciplinary action.

If ejection is judged by the official in charge (OIC), to be of a minor nature, he/she can recommend no suspension.
  - b. If ejection is of a more serious nature, the official can recommend a one- or two-week suspension.
    - i. One-week suspension: player is ineligible to participate in any Grove City Parks and Recreation activity for seven days from the date of the ejection. If the next match is canceled due to weather, etc., the suspension is extended to include the next played match.
    - ii. Two-week suspension: player is ineligible to participate in any Grove City Parks and Recreation activity for 14 days from the date of the ejection. If a match is canceled due to weather, etc., the suspension is extended to include the next two played matches.
  - c. If a person has a repeated problem with ejections or suspensions (i.e., more than two), the adult sports supervisor, in conjunction with the Parks and Recreation director, can suspend a player for a longer period of time, up to a lifetime ban.
  - d. Note: If suspended, players may not attend any Parks and Recreation Department programs for the calendar week(s); e.g., Monday through Sunday, Tuesday through Monday, etc.
  - e. Appeals: Suspensions may be appealed by contacting the sports supervisor (and/or the Parks and Recreation director) and schedule a hearing. Suspensions are in effect during the appeal period.

5. Three games are scheduled per match. All three games count toward regular league play standings. During playoffs, all matches are best two of three.
6. Match times: Matches are to begin at the start time listed on the schedule.
  - a. Forfeit times:
    - i. Game one: scheduled match start time
    - ii. Game two: 10 minutes after scheduled match time
    - iii. Game three: 20 minutes after scheduled game time
  - b. There is a 60-minute time limit.
7. Cancellations for weather, etc.: Matches may be canceled due to dangerous road conditions or other unforeseen situation (e.g., no heat). Information is shared through the Weather Hotline. Call 614-277-3060 and press 6 (Adult Volleyball) then 2 (Adult Volleyball) for updates.
8. Scoring: All games are 25 points in a rally-scoring format. Teams must win by two points with a cap of 30.
9. Ball possession and timeouts
  - a. In games one and three, control of the first serve is decided by a coin flip.
  - b. Game two is the opposite of game one.
  - c. Teams are permitted one timeout per game.
10. A team consists of six players. A team may play with a minimum of four players. At no time may a team field more men than women. There must be at least two men on the court at all times.
11. Managers must list the first and last names of players on the scorecard.
12. Free substitution is permitted, but substitutes must enter in the #5 or #6 positions **only**.
13. To be eligible for a league championship playoff, a player must have played in at least **four** regular season league matches. In case of an injury, the sports supervisor will rule on eligibility.
14. The top four teams with the best regular season record will compete in a post-season tournament.
15. Tie breakers: ties in the standings are broken as follows:
  - a. Best record in head-to-head competition between tied teams
  - b. Forfeit rule: the team with fewer forfeits
  - c. Net points in head-to-head competition between tied teams
  - d. Head-to-head competition between teams remaining tied
  - e. Net points average in all games (excluding forfeits)
16. League Standings and game results are posted at [Parks.GroveCityOhio.gov](http://Parks.GroveCityOhio.gov). On the right-side menu, select Adult Sports, then Volleyball.

### **Recreational League-Specific Rules**

17. Recreational League: Interpretation is the sole responsibility of our officials
  - a. Net height: 7'4 and 1/8"
  - b. A woman must hit the ball when more than one hit is used to return the ball over the net.
  - c. Spiking: Women may spike from anywhere. Men may only spike as back row players behind the 10-foot line.
  - d. Attack in an open-handed manner only.
  - e. Lift and carry are illegal ball contacts.
  - f. Serving: Overhand serves are permitted.
  - g. Blocking and attacking serves are prohibited.
  - h. The ball may be touched or contacted by another part of the body (foot), just as long as it is in your side of play and within the limit of hits to get the volleyball over the net. (it cannot be hit over the net from that direct hit in the court of play)

## 18. **Competitive League-Specific Rules**

- Men's height nets will be used. Men will be permitted to attack.
- No limit/minimum on girl touches
- Men's net height (7'11 and 5/8)
- Spiking
- Overhand Serve Permitted
- No Blocking Serve
- Minimum of 3 girls on the court
- There can be 3 and 2 on the court
- The ball may be touched or contacted by another part of the body (foot), just as long as it is in your side of play and within the limit of hits to get the volleyball over the net. (it cannot be hit over the net from that direct hit in the court of play)

➤ Website with adult volleyball information and scores.

<http://www.grovecityohio.gov/parks-and-recreation/adult-sports/volleyball/>