

History of Labyrinths

Labyrinths are an ancient meditation tool that have been used throughout the world for more than 4,000 years. Unlike a maze, the circular paths have one entrance point that lead to its center with no dead-ends. The Gantz labyrinth, constructed in 2010, is surrounded by an herbal grove including American Beech, Sweet Bay Magnolia and Sassafras.

The classic 11-circuit labyrinth design was first laid on the floor of the Chartres Cathedral in northern France in 1201. The rosette in the center has six petals and is often a stopping point for users to stand, sit or kneel and reflect. The Chartres labyrinth is made up of eleven concentric circles connected by 34 turns, 28 of which are 180° switch-backs.

Walking the Labyrinth

Walking the labyrinth represents a journey to one's spiritual center and then back into the world. There is no right or wrong way to walk a labyrinth's path so do what feels natural. Follow your own pace. Lose your way. Pass others and be passed. You may want to stop, especially at the switch-back turns. Sit or lie down, with or without shoes, and stay as long as you'd like.

This is intended to be a personal and reflective experience that mimics the twists and turns of life.



THE GARDENS AT GANTZ FARM



2255 Home Road
Grove City, OH 43123



City of Grove City

Parks and Recreation Department
Office: 3226 Kingston Ave.
614-277-3050
GroveCityOhio.gov

Interested in volunteering at the
Gardens at Gantz Farm?
Call 614-871-6323.

The Gardens at Gantz Farm

Engraved Paver Program



Honor someone you love with
an engraved paver in a
beautiful, meditative location.



2255 Home Road
Grove City, Ohio 43123
614-871-6323



