



Grove City Parks and Recreation

Recipe: Ice Cream in a Bag

INGREDIENTS

- 1 cup half and half
- ¼ cup sugar
- 2 tablespoons evaporated milk
- 1 teaspoon vanilla
- Flavoring. Suggestions: ½ cup fresh or frozen berries, chocolate syrup, crushed cookies, pumpkin spice
- 4 cups crushed ice
- ¾ cup salt; use coarse type, if possible

MATERIALS

- Resealable one-quart plastic bags
- Resealable one-gallon plastic bag

INSTRUCTIONS

1. Place one resealable one-quart plastic bag inside another.
2. In the inner bag, place the first five ingredients and securely seal both bags pressing out as much air as possible.
3. Place these in a gallon bag, filled with the ice and salt. seal securely pressing out as much air as possible.
4. Have your child shake and knead the bag mixture until thickened, about 5 minutes.
5. Freeze for one to two hour.