



SUMMER P.A.R.K.



Programmed After-school Recreation for Kids!

JULY & AUGUST 2019

RICHARD AVE. SUMMER P.A.R.K. NEWSLETTER

Richard Avenue Elementary School, 3646 Richard Ave.

Cell Phone: 614-571-9623 • Program Hours: 7 a.m. - 6 p.m.

Reminders

- Don't forget to sign your child in and out every day.
- Make sure your child brings a water bottle labeled with his/her name daily.
- Pack plenty of healthy food for lunch and snacks.
- Send sunscreen with your child daily.
- Be sure to send your child with athletic shoes.
- There is no P.A.R.K. on Thursday, July 4 or Friday, July 5.

P.A.R.K. It Forward

P.A.R.K. It Forward is a Pay-It-Forward initiative with a purpose to help educate the children and promote giving back and taking care of the community around them. This summer we are taking two monthly projects:

July: We are collecting the following items for the needy to assemble care packages to donate at the end of the month:

- | | |
|------------------|---------------------|
| • Bottled water | • Toothpaste |
| • Hand sanitizer | • Toothbrushes |
| • Dry shampoo | • Granola bars |
| • Deodorant | • Combs and brushes |

August: we are collecting clean old towels and pillowcases for animal rescue groups. We also are making DIY cat toys with the kids.

Spirit Days: Every Wednesday

- Week 4: Stars and Stripes
- Week 5: Pajama Day
- Week 6: Crazy Christmas Socks
- Week 7: Twin Day
- Week 8: Favorite Sports Team
- Week 9: Career Day

Art Projects

This summer a variety of art projects will follow these themes: Patriotic Week, Recycle Week, Christmas in July Week, Nature Week, Champion Week and Science Week. Look for your child's wonderful pieces of artwork daily.

Friendship and Conflicts:

It is wonderful to see children seek out friends each day, but it is also natural for some personalities to clash while spending five days a week together. Your child will probably share both the positive and the negative events of the day with you in the evening. Conflicts at P.A.R.K. usually last less than five minutes, but can leave a lasting impression.

Children may want to revisit upsetting events from the day, needing parents to listen to what happened. It may be difficult to hear your child was upset, but please remember conflicts are where children learn to deal with adversity and cope with disappointment - two crucial, lifelong skills.



The City of Grove City • Parks and Recreation Department
 P.A.R.K. Recreation Supervisors: Megan Williams and Amanda Gehres
 614-277-3050 • GroveCityOhio.gov
[facebook.com/GroveCityOhio](https://www.facebook.com/GroveCityOhio) • twitter.com/GroveCityOhio • [instagram.com/GroveCityOhio](https://www.instagram.com/GroveCityOhio)



Summer Recipe: S'mores Cheese Ball

Ingredients

Inside:

- 16 oz. cream cheese, softened
- ½ cup powdered sugar
- ⅓ cup marshmallow crème
- 1 teaspoon pure vanilla extract
- Pinch kosher salt
- ⅔ cup mini chocolate chips

Coating:

- ¼ cup mini chocolate chips
- ¼ cup marshmallow bits
- ¼ cup crushed graham crackers
- Whole graham crackers, for serving

Directions

In a medium bowl, use a hand mixer to beat together cream cheese, powdered sugar, marshmallow crème, vanilla and salt. Fold in mini chocolate chips, then place in refrigerator to firm up, 30 minutes.

Combine mini chocolate chips, marshmallow bits and crushed graham crackers on a shallow plate. When marshmallow mixture is firm, shape into a large round ball and roll in coating. Serve with graham crackers.

Summer Family Bucket List

1. Go to the zoo.
2. Have a "yes day."
3. Go out for ice cream.
4. Visit the splash pad.
5. Have a water balloon fight.
6. Have a picnic in the park.
7. Go see a movie as a family.
8. Let the kids stay up late.
9. Take a weekend road trip.
10. Make a homemade treat.
11. Go hiking.
12. Go bowling as a family.
13. Have a pajama day.
14. Take a trip to the farmers' market
15. Go garage-sale hopping.
16. Have a family game nights.
17. Have a movie marathon.
18. Take a day trip somewhere new.
19. Eat a snow cone.
20. Explore your city.

Summer Jokes

- Q.** What do you call a dog on the beach in the summer?
A. A hot dog!
- Q.** Why do bananas use sunscreen?
A. Because they peel.
- Q.** What's black and white and red all over?
A. A sunburned zebra.
- Q.** Which letter is the coolest?
A. Iced T.
- Q.** What do frogs like to drink on a hot summer day?
A. Croak-o-cola.
- Q.** What do you call a cat at the beach?
A. Sandy claws.
- Q.** What does the sun drink out of?
A. Sunglasses.
- Q.** What do you call a fish with no eyes?
A. A fsh.

How to Choose Books for Children

~ www.scholastic.com/parents/books-and-reading

Summer is a great time for children to enjoy reading books that interest them at their own pace. Help your child get the most out of the experience by choosing the best books for him/her. When selecting books for your child, ask yourself:

1) Are these books age-appropriate?

Take note of age guidelines and learning benefits of your selections. The best books grow with your child. For example, the same book you read to a 5 year old, can be read to you by that child at 6 year old, and enjoyed alone by the same child at 8 years old. For an independent reader, select titles that challenge without causing too much frustration.

2) What will my child learn from these books?

For an older child, consider how a book will develop his/her comprehension and vocabulary, as well as the themes and possibilities to be learned through reading.

3) Is the subject matter appealing?

As a general rule, the younger the child is, the more stories need to speak to life experiences. As he/she gets older, fantasy becomes more important. Let his/her interests guide you, and be creative in your selections. Is he/she a dinosaur buff? Try a rhyming dinosaur picture book at bedtime, and for solo reading, offer a nonfiction book about paleontology.

4) Will my child find the text and illustrations appealing?

In picture books, look for illustrations that catch your eye and familiar characters that will engage his/her attention. Check for books that sound like they'd be fun to read out loud.

5) Has my child enjoyed similar books in the past?

If you know your older child has enjoyed a particular author, illustrator, or series in the past, go with titles from the same creators. Choosing award-winners will also help you select high quality books.



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JULY & AUGUST 2019

HIGHLAND PARK SUMMER P.A.R.K.

Highland Park Elementary School, 2600 Cameron Street

Cell Phone: 614-571-9624 • Program Hours: 7 a.m. - 6 p.m.

Reminders

- Don't forget to sign your child in and out every day.
- Make sure your child brings a water bottle labeled with his/her name daily.
- Pack plenty of healthy food for lunch and snacks.
- Send sunscreen with your child daily.
- Be sure to send your child with tennis shoes.
- There is no P.A.R.K. Thursday, July 4 or Friday, July 5.

Summer Recipe: Watermelon Lemonade

Ingredients:

- 4 cups of sparkling water
- 3 cubes of watermelon
- Juice of 2 lemons
- 2 teaspoons honey
- Fresh mint and ice to serve

Directions:

Add water, watermelon, lemon and honey to a blender and blitz until smooth. Strain the lemonade through a sieve into a jug to make sure the seeds are all out. Serve immediately with ice and a sprig of mint.

Did You Know...

- Watermelon, a favorite summer treat, is in the same plant family as cucumbers and pumpkins?
- The Eiffel Tower is taller in the summer due to heat expanding the metal.
- July is National Ice Cream Month.
- The Frisbee® originated in Bridgeport, Conn., where college students threw tin pie pans from pies sold by the Frisbie Pie Company to each other. In 1948, Walter Morrison and Warren Franscioni created a plastic version to sell as a toy.

Friendship and Conflicts

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Summer Safety Checklist

~ verywellfamily.com

- Apply sunscreen.
- Protect against bugs.
- Stay cool.
- Prevent dehydration.
- Wear helmets as needed.
- Practice food safety.
- Use caution when in or near water.

Summer Jokes

July 1 is International Joke Day, so...

Q. What kind of music do killer whales like?

A. They like the orca-stra.

Q. How can you tell the ocean is friendly?

A. It waves.

Q. Why would you never blame a dolphin for doing something wrong?

A. Because they didn't do it on porpoise.



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