



The City of Grove City Parks & Recreation Department

4035 Broadway, Grove City, Ohio 43123
614-277-3050



Richard L. "Ike" Stage
Mayor

2015 Co-Ed Volleyball Rules

The OHSAA Rule Book shall be the official rulebook in all cases except where noted in these rules.

1. Teams must provide a list of players prior to the start of the first game and prior to subsequent games if changes in the serving order occur.
2. **Unsportsmanlike Conduct**
 - a. Unsportsmanlike conduct will not be tolerated **before, during or after a game**, and will result in ejection from the contest and/or indefinite suspension.
 - b. Any time an incident happens on the playing court, all players who leave the bench area will be subject to ejection from the contest unless they are offering necessary medical assistance.
 - c. An ejection accompanied with a written report by a game official will result in further disciplinary action taken by the department. Penalties imposed at the end of the season will carry over to the following season.
 - d. Players and coaches will be suspended for one year from all Grove City Parks and Recreation Department athletic programs for participating in a game while under suspension. Participating includes being on the playing court, during or after the game.
 - e. Any player ejected from a game must leave the facility immediately.

Discipline Policy:

Ejections and suspensions may carry over from season to season in all adult sport leagues. An ejection noted on a scorecard would allow the umpire to recommend one of the following disciplinary actions:

- a) No suspension, ejection is disciplinary action
- b) 1 week suspension (1 calendar week from the date of the ejection)
- c) 2 week suspension
- d) If ejection is judged by the OIC (official in charge), to be of a minor nature, he/she can recommend no suspension.
- e) If ejection is of a more serious nature, official can recommend 1 or 2 weeks out of play.
- f) If a person has a repeated problem with ejections or suspensions (more than 2) the adult sports coordinator, in conjunction with the Parks and Recreation director, can suspend a player for a longer period of time, up to a lifetime.

Note: If suspended, players may not attend any Parks and Recreation Department programs for the calendar week. Example: Monday through Sunday, Tuesday through Monday, etc.
All suspensions may be appealed by contacting the sports coordinator (and/or the Parks and Recreation director) and schedule a hearing. Suspensions are in effect during the appeal period.

3. Games are scheduled to begin on time. A team will consist of 6 players. A team may play with a minimum of 4 players. At no time may a team field more men than women. There must be at least 2 men on the court at all times.
 - A. To be eligible for a league championship play-off, a player must have played in at least **4** regular season league matches. In case of an injury, the sports coordinator will rule on eligibility. **Note: managers must list the first and last names of players on the scorecard.**
4. Three (3) games are scheduled per match. All 3 games count on regular league play standings. During play-offs, all matches are the best 2 of 3. All games are 25 points in a rally scoring format, and teams must win by 2 points with a cap at 30. There is an hour time limit.
 - A. Forfeit times: the first game is game time, second game is 10 minutes after game time, and third game is 20 minutes after game time. In games 1 and 3, control of the serve is decided by a coin flip. Game 2 will be the opposite of game 1. Teams are permitted **1** time out per game..
5. Free substitution is permitted; substitutes must enter in the #5 or #6 positions **only**.
6. League-Specific Rules
Recreational League: Interpretation is the sole responsibility of our officials
 - Net height: 7' 4^{1/2}"
 - A woman must hit the ball when more than one hit is used to return the ball over the net.
 - Women allowed to spike, men back row players may spike behind 10ft line
 - Attack in an open handed manner only.
 - Lift and carry are illegal ball contact.
 - Overhand serve permitted
 - No blocking serves/attacking serves
 - No kicks/heading/shoulders-must use hands/arms
7. The top four teams with the best regular season record will compete in a post-season tournament.
8. Tie-Breaker Criteria (ties in the standings will be broken as follows):
 - A. Best record in head-to-head competition between teams tied
 - B. Forfeit rule: the team with fewer forfeits
 - C. Net points in head-to-head competition between teams tied
 - D. Head-to-head competition between teams remaining tied
 - E. Net points average in all games (excluding forfeits)

9. Miscellaneous

League Standings and game results will be posted at www.grovecityohio.gov. Click on City Departments, Parks and Recreation, then Team Sports.

Weather Hotline: 614-277-3060
(Press 4 Field Conditions then Press 5 for Local Gym Conditions)