



The City of Grove City Parks & Recreation Department

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Youth Volleyball Rules

Article I Purpose

- A. To sponsor, organize, regulate and supervise a program of youth volleyball.
- B. To encourage and promote the enjoyment of recreational volleyball.
- C. To teach sportsmanship, fundamental skills, promote athletic achievement and physical fitness.
- D. To provide a safe, instructional program that warrants public confidence in its integrity and administration.
- E. Any youth grade third (3) to twelve (12) regardless of sex, race, creed or national origin.

Article II League Structure

- A. The Grove City Youth Volleyball Program shall consist of five leagues and the requirements are:
 1. **Grade Division**
 - a. Junior division/teams include grades 3 and 4
 - b. Intermediate division/teams include grades 5 and 6
 - c. Middle division/teams include grades 7 and 8
 - d. Senior division/teams include grades 9 thru 12
 2. **General Rules**

These volleyball rules are governed by the National Federation of Volleyball Rules and will apply to the bylaws except as modified herein.

 - a. The league is open to all boys and girls in grades 3 thru 12.
 - b. There is a mandatory play rule in this league. Each player in the Middle/Senior Division must play a minimum of two (2) full games. Rosters are limited to maximum of nine (9) players. You must have at least five (5) players on the court at game time in order to compete. **Middle** and **High School Division** may start the game with four (4) players. In case of forfeiture of the first game, the second game of the match will be scheduled to start 15 minutes after the first game. If the second game of the match is not played as scheduled, the third game will also become a forfeit.
 - c. There is NO GRACE PERIOD for the first game of the match. All teams are urged to be at the game site at least 15 minutes early. A match consists of three (3) games. In the **Junior/Intermediate Division** games consist of the first two games played to 25 and the third game played to 15 in a rally scoring format. Teams must win by two with a 30 point cap the first two games and a 20 point cap in the third game. The **Middle/Senior Division** games consist of three games to 25 in a rally scoring format. Teams must win by two with a 30 point cap.
 - d. Teams are allowed one (1) timeout, of one-minute duration, per game.

- e. Juniors are allowed to extend their serving area to the ten-foot line. Intermediate Fifth Grade may extend their serving area a maximum of five (5) feet. All others must serve behind the end line.
 - f. Junior: When your team is receiving serve, you must pass the ball with an underhand bump.
 - g. All score sheets and substitutions are checked daily. Please be sure to record all substitutions correctly.
3. **Substitution**
- In the junior and intermediate divisions, a sub will be entered to serve after each rotation into the right back position. Therefore, any player who is not presently in the game will sit out a maximum of four (4) rotations at one time. In the Junior and Intermediate Divisions, teams must start each game with the same line-up on the court as at the finish of the previous game.
- If your team is not serving, you must rotate when it is your team's turn to serve.*
- Middle/Senior: Each player in the Middle/Senior Division must play a minimum of two (2) full games. Example: If front row player A is substituted by player B, then for one game both players must play the entire game. If anyone is substituted it equals one half-game played. Rosters are limited to eight (8) players per team with a maximum of nine (9) players. You must have at least five (5) players on the court at game time in order to compete. In case of a first game forfeiture, the second game of the match will be scheduled to start 15 minutes after the first game. If the second game of the match is not played as scheduled, the third game will also become a forfeit.*
4. **Serving Limitations**
- There is a limit of five (5) points per server in each division. After five (5) points have been reached, that team will rotate and will continue to serve.
5. **Protests**
- The only protest accepted by this office concerns the eligibility of players. All other disputes must be settled on the court.

Article III Coaches

- A. Only approved coaches with an application on file for the current season with the Grove City Parks and Recreation office are permitted on the court or in the gymnasium during games and practices - **NO EXCEPTIONS.**
- B. Shall abide by the provisions of the National Youth Sports Coaches Association (NYSCA).
- C. Are responsible for keeping players and their parents informed at all times.
- D. May appoint one or more "Team Parent(s)" to assist with the team. The role of the "Team Parent" may include keeping score, organizing snack schedules, and planning team parties and other off-court activities.
- E. Must have a completed Grove City Youth Volleyball application for each team member, in their possession, at all practices and games.
- F. Are responsible for making sure that uniforms including coaches shirts are not modified, including (but not limited to) adding names, patches or stick-ons, and cutting off sleeves.
- G. Shall not use any tobacco product, alcohol or other illegal substances before or during practices or games.

- H. Shall not use profanity, verbal or physical abuse or unsportsmanlike conduct (including abuse of equipment). Any occurrence will draw immediate ejection from the game as outlined in the EJECTIONS rule.
- I. Any coach playing a player that is not on the official team roster will forfeit all games the said player participated in **AND** the coach will be suspended for the remainder of the season. If this occurs during a tournament game, both the coach and the team will be removed from the tournament and their season will end.
- J. Coaches are responsible for other duties assigned by Grove City Parks & Recreation Department.

Any coach caught violating a league rule, regardless of the reason, will be suspended as outlined in the EJECTIONS rule.

Article IV Practice/Scrimmages

- A. The Grove City Parks & Recreation department shall establish all practice and game schedules.
- B. The only practices that are sanctioned are those scheduled by the Grove City Parks & Recreation Department.
- C. Coaches are not permitted to practice outside scheduled practice time. Violation of this rule may result in suspension.

Article V Treatment of Injured Player

- A. In the event of an injury to a player, the primary concern of all the coaches is the treatment of said player. Teammates should be instructed to clear the area around the injured player.
- B. In the event an injured player must be taken to the hospital or doctor's office, an adult must accompany the player.
- C. An incident report must be completed and given to coordinator within 24 hours.

Article VI Field of Play Conduct Rules

Experience has proven that it is impossible to anticipate all problems or concerns when rules are formulated and adopted. Therefore, the Parks and Recreation Department reserves the right to modify any rule governing play in any league under the jurisdiction of the Parks and Recreation Department when in our judgment, the application of the said rule will result in gross unfairness or unreasonable hardship.

- A. Unsportsmanlike Conduct

EJECTIONS:

Grove City Parks and Recreation has implemented a zero-tolerance policy that includes but is not limited to the following: fighting, physical contact, aggressive behavior towards an individual, profanity, belittlement of players, and violation of substitution rules. This type of behavior could result in indefinite suspension to a lifetime ban from Grove City Parks and Recreation activities.

If an individual is ejected from a game for ANY reason, that individual must leave the facility immediately, is suspended, and will not be permitted at any future practices or games until Grove City Parks and Recreation Supervisor or designee has reviewed the incident. The individual ejected, potential witnesses and the official

must submit an incident form explaining the situation that resulted in the ejection. Based upon the information provided, the suspension may result in a minimum of a one-game suspension up to permanent removal from all future league activities conducted by Grove City Parks and Recreation. If an individual is ejected from two (2) separate games, that individual will be immediately removed from the league without a refund and will not be permitted at any facility for games for the remainder of the season.

Article VII Awards

- A. The Grove City Parks & Recreation Department will provide awards of participation for all Youth Volleyball participants.
- B. No coach, parent or player shall issue any awards, irrespective of cost, other than those approved. Any person found to issue such illegal awards would be liable for suspension from participation in any program sponsored by the Grove City Parks & Recreation Department for a period of one (1) year.

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