



P.A.R.K. NEWS



Programmed After-school Recreation for Kids!

OCTOBER 2016

RECREATION SUPERVISOR NEWSLETTER

Pick Up

Upon arrival for picking up your child(ren), please make certain you sign them out and inform a P.A.R.K. leader of your children's departure from the program. It is important that you enter our program anticipating your children's enthusiasm to start sharing their day with you and giving them the opportunity to stop what activity they are engaged in and transition for departure.

Emergency Pickup

If you are contacted by the P.A.R.K. staff or program supervisors during the after-school hours with the need to immediately pick up your child from P.A.R.K. due to illness, injury or other circumstance that jeopardizes the safety of your child or other participants. It is imperative that you have arrangements in place to handle this situation in a reasonable amount of time.

If you are unavailable to pick up your child or cannot get to the program site in a reasonable time period, it is your responsibility to have alternate persons available to pick up your child.

Please be mindful of the stress this can place on your child and the P.A.R.K. staff as they care for your child and the other participants in the program.

Thank you for your cooperation and understanding and for taking responsibility in these particular situations.

Attendance Policy

Attendance is taken each day for safety and security. If your child will not be at the program for any reason, it is your responsibility to call the voicemail of your P.A.R.K. site before 2:15 p.m. and leave a message informing the P.A.R.K. staff of your child's absence.

If you fail to report your child's absence on the P.A.R.K. voicemail, the Recreation Supervisor will assess a tracking fee of \$20 on each occurrence.

Cell phone numbers for each site are as follows:

- Bolton Crossing 614-981-0779
- Buckeye Woods 614-519-4664
- J.C. Sommer 614-571-9620
- Monterey 614-571-9622
- Richard Ave. 614-571-9623
- Highland Park 614-571-9624

Be Comfortable, Be Active!

A child is more willing to run, jump and play with the other kids if they are in comfortable clothing and shoes. Dress your child in tennis shoes and in layers when the weather is cooler.

As the seasons change and temperatures lower, we continue to go outdoors to play. A child can easily pull on a sweatshirt if we go outdoors and peel it off if they get too warm while playing indoors. If they aren't in comfortable clothing or shoes, they are less likely to participate in active games with their friends.



The City of Grove City • Parks and Recreation Department

P.A.R.K. Recreation Supervisors: Megan Williams and Amanda Gehres

614-277-3050 • 3226 Kingston Ave., Grove City, Ohio 43123

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P.A.R.K. It Forward

The P.A.R.K. program has started P.A.R.K. It Forward as a “pay-it-forward” initiative with a purpose to educate children and promote giving back and taking care of our community through a variety of projects. P.A.R.K. sites will do random projects throughout the year, so be on the lookout at your site!

During the school year, P.A.R.K. participants and families are encouraged to save their recyclable lids and caps continuing a project started by Summer P.A.R.K. P.A.R.K. is partnering with Green Tree Plastic Company and their “ABC (A Bench for Caps) Promise Partnership,” an education tool teaching children the importance of recycling and how they can make a difference with tangible result. Participants collect and recyclable caps to be turned into a park bench they can see and feel made possible through their hard work. Learn more about the acceptable caps and lids and drop off your donation on your parent table. Thank you for continued effort and involvement with our ABC project.

Guidelines *for kids*
TECHNOLOGY

AGE-APPROPRIATE TIME LIMITS FOR ELECTRONIC DEVICE USAGE

Cell phones, tablets and other devices

0-2 years	0-1 hr/day
3-5 years.....	1 hr/day
6-12 years	2 hr/day
13-18 years	2 hr/day

THE FACTS

- 75% of 12-17 year olds have cell phones.
- Girls text 2.4 more times than boys.
- On average, teens 12-17 send 167 texts per day.

GENERAL CELL PHONES RULES FOR YOUTH TO AGREE TO:

- Answer the phone if my mom or dad calls.
- Let my parents know my passwords.
- Return texts or missed calls from parents right away.
- Turn in phone every night before bed.
- Follow all the rules wherever I am (school, church, activities, etc.).
- No calls/texts after 9 p.m.
- Let my parents know immediately if I receive texts, calls or social media contacts from unknown people.
- No inappropriate behavior.
- Make sure phone is charged.
- If I lose or break the phone, it is my responsibility to replace or fix it.
- I will hand over my phone to my parents at any time, for any reason.

October Events in Grove City

Youth Basketball Registration

Oct. 3 - Nov. 7 | 8 a.m.-5 p.m.
Kingston Center, 3226 Kingston Ave.
Individuals in grades kindergarten through 12; boys and girls compete in separate leagues.

Old-Time Harvest Day

Sunday, Oct. 2 | 1-5 p.m.
Century Village at Fryer Park, 4185 Orders Road
Living history event featuring hands-on activities related to 19th century life in Ohio.

Household Hazardous Waste Collection Day

Saturday, Oct. 1 | 8 a.m.-2 p.m.
Grove City Service Department, 3262 Ventura Blvd.
Dispose of items that can't be put out for curbside trash pickup. Check website for accepted materials.

Boo on Broadway

Monday, Oct. 31 | 6-8 p.m.
Grove City Town Center, Broadway south of Grant Ave.
Costumed children safely collect goodies from area businesses and civic organizations.

Beggars' Night/Neighborhood Trick-or-Treat

Monday, Oct. 31 | 6-8 p.m.
Throughout Grove City
Leave your porch light on to let trick-or-treaters know you are giving out treats.

For more information on events in Grove City, visit GroveCityOhio.gov where you can register for the e-newsletter; follow the city accounts on Facebook, Twitter and Instagram; or call 614-277-3050.



P.A.R.K. NEWS



Programmed After-school Recreation for Kids!

OCTOBER 2016

BOLTON CROSSING NEWSLETTER

Reminders

- Wednesday, Oct. 19: Early Dismissal
- Friday, Oct. 21: No school or P.A.R.K.
- Please call the site cell phone at 614-981-0779 if your child will not be at P.A.R.K.
- Remember to send a snack and water bottle every day. We are very active throughout the day!
- As the weather gets cooler, we continue to go outside to play so please make sure your children have layers they can put on or take off.

October Is the Time of the Harvest!

If you purchased fresh gourds to decorate for the season, keep them around if they have dried out well. You can turn them into maracas, bird houses, bird feeders or, depending on the size, some interesting bowls!



Recipe of the Month: Leek Soup

Ingredients

- 1 tablespoon butter or olive oil
- 1 leek
- 1 garlic clove
- Salt and pepper to taste
- 5 cups water

Directions

Remove roots from leek and discard. Rinse remaining leek thoroughly and chop into half- to one-inch sections.

Add one tablespoon of butter or oil to a large pan and heat. Once hot, add chopped leek; stir frequently.

Mince the garlic clove and add to the pan. When garlic and leek are translucent add water or use chicken or vegetable stock as an alternative. Cook until hot throughout. Salt and pepper to taste.

Meet Your Leaders!

Karlin: I have two dogs, graduated from Grove City High School and my favorite color is green. Reduce, reuse, recycle is important to me, and I may ask in the future to bring in items for the kids to use for crafts.

Nancy: I was born and raised in Columbus. I'm both a graduate and employee of South-Western City Schools. My family includes my husband, daughter, son and a dog.

Autumn Home Craft

Don't throw out old crayons. If they are broken or you don't use them anymore, try repurposing them.

1. Turn them into splatter art.

Materials: hair dryer, paper

Break crayons in small pieces and place on paper. Turn a hair dryer to hot and use its hot air to melt the crayon along the paper while keeping the dryer a safe distance between the paper and other flammable objects.

2. Make camping fire starters.

Materials: paper egg carton, water, large skillet, heat-proof bowl

Make a water bath by boiling water in the skillet with the bowl in it. Gently melt crayons by placing them in the bowl. When melted, pour wax into the cups of the egg carton. Once wax is solid, cut the cups individually. Each cup can be lit on the corner and placed under dry wood to start a camp fire. To make wicks, cut strips out of the carton lid and place in the middle of the drying crayon cups.

3. Turn crayons into candles.

Materials: water, large skillet, heat-proof bowl, wicks, small glass container

Melt candles using the same method as #2. Pour melted crayons into a glass container with the wick held in the middle. Or create rainbow-dipped candles: dip the wick into hot wax, lift, let cool a second, and dip again. Continue the process until the candle is at desired thickness.



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P.A.R.K. NEWS



Programmed After-school Recreation for Kids!

OCTOBER 2016

BUCKEYE WOODS NEWSLETTER

Welcome

Welcome to all our P.A.R.K. children and parents. Thank you for letting us share time with your children. We look forward to learning about the children and their likes, dislikes and the activities they look forward to.

Snacks

Please remember to send a snack with your child each day as well as a water bottle that can be refilled throughout the afternoon. Kids enjoy talking with their friends while having their snacks. We do not allow snack sharing among children except siblings.

Reminders

- Wednesday, Oct. 19: SWCS early dismissal; P.A.R.K. starts early to accommodate
- Friday, Oct. 21: No school or P.A.R.K.
- As temperatures cool, please send warm clothes as we continue to go outside to play!
- If any information changes regarding your child's emergency information, it is important that we receive it A.S.A.P.
- If your child will not attend, leave a voicemail message on the the Buckeye Woods P.A.R.K. cellphone: 614-510-4664.

Staff

Our 2016-2017 staff has some new faces this year. We want to welcome Stephen and Troy to our P.A.R.K. staff.

Troy is a recent college graduate from Wisconsin. He is excited about joining our P.A.R.K. team: playing games, making crafts and just having fun with the kids.

Stephen is a recent graduate of Ohio University. He is bringing the outdoors to our kids, and looks forward to sharing his experiences in nature with our children.

While we do have new faces, we also have returning staff who have been with our program for seven to 12 years. We always learn new things whether we have been here for years or are just getting started.

Keeping Individuals Active and Engaged

Children have different likes and enjoy different levels of activity. We offer a variety of activities for all levels of skill and age including small and large group games. Please do not send toys with your children to after-school P.A.R.K. We have board games, group games, arts and crafts, outside time, LEGOs®, sing-a-longs and a variety of activities to keep your child active.

If you have any questions, please contact one of the leaders.

Thanks, everyone. We are off to a great year!

Your P.A.R.K Leaders ~ Elaine, Julie, Troy and Stephen



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P.A.R.K. NEWS



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HIGHLAND PARK NEWSLETTER

Reminders

- Wednesday, Oct. 19: SWCS early dismissal; P.A.R.K. starts early to accommodate.
- Friday, Oct. 21: No school or P.A.R.K.
- As temperatures cool, please send warm clothes as we continue to go outside to play!
- Please remember to send a healthy snack with your child every day as well as a water bottle. We are very active at P.A.R.K. and need a snack break.

October

October is here! We will learn some new group games and make some fun, spooky fall crafts.

Recipe of the Month: Apple Orchard Chicken Salad

- 1/2 cup light mayonnaise
- 1/4 cup Greek yogurt
- 1/4 teaspoon pepper
- 3 cups chopped cooked chicken
- 2 green onions, sliced
- 1/2 cup chopped walnuts, toasted
- 2 stalks celery finely chopped
- 1 apple chopped into small bite size pieces

Mix first three ingredients in a large bowl. Add remaining; mix lightly.

Birthdays

- Shelby Colley: Aug. 15
- Lily Daniels: Aug. 26
- Xander Melendez: Sept. 5
- Bryson Willis: Sept. 5

Help Your Child Become Advertising Savvy

~ *PBS Parents, "Children and Media, Advertising: Grade Schoolers"*

As your child grows, ads become influential sources of information about the world with messages on how to be cool, attractive or successful. Help your child understand the reasons behind ads and identify underlying messages he/she may pick up from them.

1. When watching TV with your child, question the commercials: Who do you think created this ad? What is the message? What might the advertiser not be telling us? Can you believe what you see? Explain how ads are often meant to make people feel that something is missing from their lives.
2. Explain your family's purchases to your child, why you buy certain items and not others.
3. Encourage your child to question what is left out of an advertising message. Point out when an ad is unrealistic or promotes a stereotype.
4. Foster skepticism about new forms of advertising on the Web. Some commercial elements are obvious (e.g., an ad banner). Other commercial elements are less clear; they include electronic creatures that appear on a computer desktop to promote a product and entire sites that collect children's opinions as research for clients. Remind your child never to give out personal information online and help him or her appreciate that what seems real on screen may not be in real life.
5. Let your child hear you speak out against aggressive advertising. Point out ads that appear in venues you consider inappropriate, especially commercial messages you or your kids may encounter in public places.



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10 Ways to Motivate Your Child to Learn

- www.scholastic.com

1. **Fill your child's world with reading.**
Take turns reading with your older child, or establish a family reading time when everyone reads his/her own book. Demonstrate how important reading is to you by filling your home with printed materials: novels, newspapers, even posters and place mats with words on them.
2. **Encourage him to express his opinion, talk about his feelings, and make choices.**
He can pick out a side dish to go with dinner and select his own extracurricular activities. Ask for his input on family decisions, and show that you value it.
3. **Show enthusiasm for your child's interests and encourage her to explore subjects that fascinate her.**
If she is a horse nut, offer her stories about riding or challenge her to find five facts about horses in the encyclopedia.
4. **Provide him with play opportunities that support different kinds of learning styles — from listening and visual learning to sorting and sequencing.**
Supplies that encourage open-ended play, such as blocks, develop your child's creative expression and problem-solving skills as he builds. He needs lots of unstructured play time to explore them.
5. **Point out the new things you learn with enthusiasm.**
Discuss the different ways you find new information, whether you're looking for gardening tips on the internet or taking a night class in American literature.
6. **Help your child organize her school papers and assignments so she feels in control of her work.**
If her task seems too daunting, she'll spend more time worrying than learning. Check in with her regularly to make sure she's not feeling overloaded.
7. **Ask about what he's learning in school, not about his grades or test scores.**
Have him teach you what he learned in school today — putting the lesson into his own words helps him retain what he learned.
8. **Celebrate achievements, no matter how small.**
Completing a book report calls for a special treat; finishing a book allows your child an hour of video games. Offer positive reinforcement that inspires him to keep learning and challenging himself.
9. **Focus on strengths, encouraging developing talents.**
Even if she didn't ace her math test, she may have written a good poem in English class. In addition to a workbook for math practice, give her a writing journal.
10. **Turn everyday events into learning opportunities.**
Encourage him to explore the world around him, asking questions and making connections.

25 Outdoor Activities Perfect for Fall Weekends

Summer may be over, but that doesn't mean it's time to pack in the outdoor adventures quite yet. Crisp fall days lend themselves perfectly to throwing on a sweater and embarking on family fun!

Make a Pile of Leaves - and jump in!

Play with Sidewalk Chalk: All you need is a concrete space, a wild imagination and a hose for cleanup.

Feed the Ducks: Take left over vegetable scraps or grains like oatmeal and head to your nearest lake or pond.

Go Apple Picking: Seek out a nearby orchard and get picking!

Set Up an Obstacle Course: Get the kids into a competitive spirit with a backyard obstacle course made of objects you already own (ropes, tubes and beams) that tests their agility and will keep them entertained for hours. It is also an affordable party theme!

Take a Hike: The whole family can get some exercise by exploring a local park or new neighborhood.

Write a Fall Bucket List: Teach kids about setting goals early with a seasonal bucket list. It doesn't have to be serious and you can save it for ideas the next time they complain about being bored.

Decorate Cookies: No need to wait until Christmas, bake a batch of sugar cookies and let your kids go to town with some al fresco frosting and decorating fun. Use cookie cutters, food coloring, and sprinkles to make each cookie unique.

Have a Scavenger Hunt: Put your little detectives to work with a scavenger hunt. This is a great group activity you can set up anywhere: a park, your backyard or around the neighborhood. Keep it simple or set up a more elaborate adventure.

Visit a Pumpkin Patch: Carving a jack-o'-lantern is more fun when your child picked the pumpkin.

Go on a Photo Safari: Encourage your little shutterbugs to get snapping by creating a list of "photo missions," and accompanying them on a photo safari. Include things you are likely to see around your neighborhood — a red door, a mom with a double stroller, a white dog . . . get creative!

Plan a Treasure Hunt: Pull out the pirate hats and send your little mateys off on search of buried treasure. Make a map leading them to the bounty by staining paper with coffee and burning the edges. Then, have a prize — like gold coins — hidden at the end of the journey.



P.A.R.K. NEWS



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OCTOBER 2016

J.C. SOMMER NEWSLETTER

Reminders

- Wednesday, Oct. 19: Early dismissal
- Friday, Oct. 21: No school or P.A.R.K.
- Please call the site cell phone at 614-571-9620 and leave a message if your child will not be at P.A.R.K.
- Remember to send a snack and water bottle every day. We are very active throughout the day and need to keep up our energy!

Special Days

Every Tuesday in October the students can share a joke they know to the group. Many laughs are had!

We also continue show-and-tell Thursdays.

Birthdays

Happy birthday to all our September and October babies!

September

- Drew Buckland
- Dominic Goodman
- Keegan Kirchner
- Brandon Loring
- McKenna Miller

October

- Eamon Castaldi
- Brooklyn Cress
- Liam Higginbotham
- Andrew McDaniel
- Meia Vasquez

Recipe of the Month: Halloween Candy Bark

Ingredients

- 3 cups bittersweet chocolate chips
- 2 cups assorted candy, cut into bite-sized pieces

Directions

1. Line a baking sheet with parchment paper.
2. Melt the chocolate chips in a double boiler or in the microwave, stirring until smooth.
3. Pour the chocolate onto the parchment paper, and using a spatula, spread it into an even layer about 1/4-inch thick. Sprinkle the chopped candy on top of the chocolate then place the baking sheet in the refrigerator to chill for 30 to 45 minutes, until the chocolate has fully hardened.
4. Remove the bark from the refrigerator and carefully slide it onto a cutting board. Cut the bark into irregularly shaped pieces.
5. Serve immediately or store in an air-tight container in a cool place.



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Autumn Home Craft

Don't throw out old crayons. If they are broken or you don't use them anymore, try repurposing them.

1. Turn them into splatter art.

Materials: hair dryer, paper

Break crayons in small pieces and place on paper. Turn a hair dryer to hot and use its hot air to melt the crayon along the paper while keeping the dryer a safe distance between the paper and other flammable objects.

2. Make camping fire starters.

Materials: paper egg carton, water, large skillet, heat-proof bowl

Make a water bath by boiling water in the skillet with the bowl in it. Gently melt crayons by placing them in the bowl. When melted, pour wax into the cups of the egg carton. Once wax is solid, cut the cups individually. Each cup can be lit on the corner and placed under dry wood to start a camp fire. To make wicks, cut strips out of the carton lid and place in the middle of the drying crayon cups.

3. Turn crayons into candles.

Materials: water, large skillet, heat-proof bowl, wicks, small glass container

Melt candles using the same method as #2. Pour melted crayons into a glass container with the wick held in the middle. Or create rainbow-dipped candles: dip the wick into hot wax, lift, let cool a second, and dip again. Continue the process until the candle is at desired thickness.

Dress for Success

Make sure your student wears tennis shoes or brings a pair to wear when playing games. A small jacket or sweater is also good to have in your student's book bag as temperatures cool in the fall. We go outside everyday possible.

25 Outdoor Activities Perfect for Fall Weekends

Summer may be over, but that doesn't mean it's time to pack in the outdoor adventures quite yet. Crisp fall days lend themselves perfectly to throwing on a sweater and embarking on family fun!

Make a Pile of Leaves - and jump in!

Play with Sidewalk Chalk: All you need is a concrete space, a wild imagination and a hose for cleanup.

Feed the Ducks: Take left over vegetable scraps or grains like oatmeal and head to your nearest lake or pond.

Go Apple Picking: Seek out a nearby orchard and get picking!

Set Up an Obstacle Course: Get the kids into a competitive spirit with a backyard obstacle course made of objects you already own (ropes, tubes and beams) that tests their agility and will keep them entertained for hours. It is also an affordable party theme!

Take a Hike: The whole family can get some exercise by exploring a local park or new neighborhood.

Write a Fall Bucket List: Teach kids about setting goals early with a seasonal bucket list. It doesn't have to be serious and you can save it for ideas the next time they complain about being bored.

Decorate Cookies: No need to wait until Christmas, bake a batch of sugar cookies and let your kids go to town with some al fresco frosting and decorating fun. Use cookie cutters, food coloring, and sprinkles to make each cookie unique.

Have a Scavenger Hunt: Put your little detectives to work with a scavenger hunt. This is a great group activity you can set up anywhere: a park, your backyard or around the neighborhood. Keep it simple or set up a more elaborate adventure.

Visit a Pumpkin Patch: Carving a jack-o'-lantern is more fun when your child picked the pumpkin.

Go on a Photo Safari: Encourage your little shutterbugs to get snapping by creating a list of "photo missions," and accompanying them on a photo safari. Include things you are likely to see around your neighborhood — a red door, a mom with a double stroller, a white dog . . . get creative!

Plan a Treasure Hunt: Pull out the pirate hats and send your little mateys off on search of buried treasure. Make a map leading them to the bounty by staining paper with coffee and burning the edges. Then, have a prize — like gold coins — hidden at the end of the journey.



P.A.R.K. NEWS



Programmed After-school Recreation for Kids!

OCTOBER 2016

MONTEREY NEWSLETTER

Dates to Remember

- Wednesday, Oct. 19: Early Dismissal
- Friday, Oct. 21: No school or P.A.R.K.
- Monday, Oct. 31: Boo on Broadway 6-8 p.m.

Trick or Treat Checklist

- | | |
|--|---|
| <input type="checkbox"/> Bag for candy | <input type="checkbox"/> Cell phone |
| <input type="checkbox"/> Flashlight | <input type="checkbox"/> Trick-or-treating route |
| <input type="checkbox"/> Extra batteries | <input type="checkbox"/> Goody bag with snacks so not tempted to eat collected treats before. |
| <input type="checkbox"/> Reflector strips or glow stick | <input type="checkbox"/> Set a time to meet up or return home |
| <input type="checkbox"/> Extra house key | <input type="checkbox"/> Check costume for safety |
| <input type="checkbox"/> Bottled water | <input type="checkbox"/> Band-Aids |
| <input type="checkbox"/> Emergency identification information attached | |

October Recipe: Halloween Popcorn Pumpkins

Ingredients

- 5 cups popped popcorn
- 1 cup candy corn
- 1 cup chopped salted peanuts
- 1/2 cup butter or margarine
- 3 cups miniature marshmallows
- 4 drops red food coloring
- 3 drops yellow food coloring
- 4 sticks red or black licorice, cut into thirds

Instructions

1. Grease a muffin pan and set aside. Place popcorn, candy corn and peanuts into a large bowl and set aside
2. Melt butter in a large saucepan over medium heat. Stir in marshmallows, red and yellow food colorings, adjusting color if needed to get a nice shade of orange. When the marshmallows are completely melted, pour over the popcorn and stir to evenly distribute the candy, nuts and marshmallow.
3. Use a greased spoon to fill the muffin cups. Insert a piece of licorice to act as the stem, and mold the popcorn around it. Let stand until firm, 10 to 15 minutes, and then pull the pumpkins out by their stems and admire your pumpkin patch!

Prep time 5 minutes. Cook time 5 minutes. Ready in 20 minutes.

Fall Jokes

- Q.** How do you mend a broken pumpkin?
A. With a pumpkin patch!
- Q.** What do you get when you drop a pumpkin?
A. Squash
- Q.** Why do birds fly south in the fall?
A. Because it's too far to walk.
- Q.** What has ears but can't hear a thing?
A. A cornfield
- Q.** What reads and lives in an apple?
A. A bookworm
- Q.** What did one leaf say to another?
A. I'm falling for you.
- Q.** What is a tree's least favorite month?
A. Sep-timber!
- Q.** Why do trees hate tests?
A. Because they get stumped by the questions.

Reminders

- If your child is going to be absent from P.A.R.K., please call our cell number at 614-571-9622 and leave a short message.
- With the weather starting to get colder, please remember to have your child come with a jacket or sweatshirt to wear outside on those cool days.



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OCTOBER 2016

RICHARD AVENUE NEWSLETTER

Reminders

- Wednesday, Oct. 19: Early dismissal
- Friday, Oct. 21: No school or P.A.R.K.
- Please call the site cell phone at 614-571-9623 and leave a message if your child will not be at P.A.R.K.
- Remember to send a snack and water bottle every day. We are very active throughout the day and need to keep up our energy!

Beggars' Night Safety Tips

1. Eat only wrapped foods, nothing homemade or raw such as an apple.
2. Young children should always trick-or-treat with an adult.
3. Carry a flashlight.
4. Don't cut across yards.
5. Only approach houses that are well lit.
6. Wear clothing with reflective tape or markings.
7. Be very cautious of strangers.
8. Say thank you for treats.
9. Never eat a treat before a parent examines it.
10. HAVE FUN!

P.A.R.K. It Forward

During the month of October, we want to get the kids involved by donating coloring books and crayons to Nationwide Children's Hospital. Items may be placed in the basket near the parent table. Any donations are appreciated.

We are still collecting plastic lids and caps as part of the "A Bench for Caps" project. Drop them off at P.A.R.K. sites or the Parks and Recreation Office.

Fall Weather

The weather is changing, but we continue to go outside daily. Be sure your child is dressed for the weather. We recommend long sleeved T-shirts, sweatshirts or light jackets.

Art Projects

In October, a variety of art projects will follow these themes: Ghost Week, Black Cat Week, Frankenstein Week and Spooky Week.

Look for your child's wonderful artwork daily.

Friendship and Conflicts

It is wonderful to see children seek out friends each day, but it is also natural for some personalities to clash while spending five days a week together. Your child will probably share both the positive and the negative events of the day with you in the evening.

Conflicts at P.A.R.K. usually last less than five minutes, but can leave a lasting impression. Children may want to revisit upsetting events from the day, needing parents to listen to what happened. It may be difficult to hear your child was upset, but please remember conflicts are where children learn to deal with adversity and cope with disappointment - two crucial, lifelong skills.

Birthdays

August

- Josephine
- Spencer
- Zavir
- Katie
- Rose

September

- Natalie
- Sophie
- Violet
- Hannah R.

October

- Trinity
- Michael
- Kayla
- Claire



The City of Grove City • Parks and Recreation Department

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Fall Bucket List

- | | |
|---|---|
| <input type="checkbox"/> Go to a football game. | <input type="checkbox"/> Drink hot chocolate. |
| <input type="checkbox"/> Visit the pumpkin patch. | <input type="checkbox"/> Roast pumpkin seeds. |
| <input type="checkbox"/> Carve pumpkins. | <input type="checkbox"/> Take pictures in Halloween costumes. |
| <input type="checkbox"/> Go on a hay ride. | <input type="checkbox"/> Have a bonfire. |
| <input type="checkbox"/> Get lost in a corn maze. | <input type="checkbox"/> Attend a fall festival. |
| <input type="checkbox"/> Make leaf art. | <input type="checkbox"/> Go to Boo at the Zoo. |
| <input type="checkbox"/> Watch a Halloween movie. | <input type="checkbox"/> Jump in a pile of leaves. |
| <input type="checkbox"/> Go trick-or-treating. | <input type="checkbox"/> Pick apples. |
| <input type="checkbox"/> Make s'mores. | <input type="checkbox"/> Spend time with your family and friends. |

E

Pumpkin Poop

I started to carve my pumpkin with my carving knife and scoop but the pumpkin got so scared, he took a little poop.



It looked so cute and funny just like a candy treat So I'm sharing it with you now because you are so sweet.

RECIPES OF THE MONTH

Halloween Candy Bark

Ingredients

- 3 cups bittersweet chocolate chips
- 2 cups assorted candy, cut into bite size pieces

Directions:

1. Line a baking sheet with parchment paper.
2. Melt the chocolate chips in a double boiler or in the microwave, stirring until smooth.
3. Pour the chocolate onto the parchment paper, and using a spatula, spread it into an even layer about 1/4-inch thick. Sprinkle the chopped candy on top of the chocolate then place the baking sheet in the refrigerator to chill for 30 to 45 minutes until the chocolate has fully hardened.
4. Remove the bark from the refrigerator and carefully slide it onto a cutting board. Cut the bark into irregularly shaped pieces. Serve immediately or store in an air-tight container in a cool place.

Pumpkin Sugar Cookies

Ingredients

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|---------------------------------------|--|
| • 1 1/2 cups sugar + more for rolling | • 1/2 teaspoon cinnamon |
| • 2 1/2 cups all-purpose flour | • 14 tablespoon butter (1 3/4 stick) at room temperature |
| • 1/2 teaspoon baking powder | • 2 teaspoon vanilla extract |
| • 1/2 teaspoon salt | • 1 egg yolk |
| | • 1/2 cup 100% pure pumpkin puree |

Directions

1. In a large bowl, whisk together the flour, baking powder, salt and cinnamon. Set aside.
2. With your mixer on medium, mix together the butter and sugar until light and fluffy.
3. Mix in the egg yolk, then vanilla, then pumpkin until well combined.
4. Slowly mix in the flour mixture until well combined, with your mixer set to low. Scrape down the paddle and the sides of the bowl as necessary.
5. Preheat your oven to 350 degrees and refrigerate the cookie dough for 20 minutes.
6. Roll the dough into one-inch balls. Roll in sugar. Place on a parchment lined baking sheet and press down slightly. Space the cookies about two inches apart.
7. Bake for 10 minutes, rotating the pan halfway through the baking.
8. Let cool on the pan for about two minutes before moving to a cooling rack to cool completely.