



The City of Grove City Parks & Recreation Department

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Richard L. "Ike" Stage
Mayor

Youth Volleyball Rules

Article I Purpose

- A. To sponsor, organize, regulate and supervise a program of youth volleyball.
- B. To encourage and promote the enjoyment of recreational volleyball.
- C. To teach sportsmanship, fundamental skills, promote athletic achievement and physical fitness.
- D. To provide a safe, instructional program that warrants public confidence in its integrity and administration.
- E. Any youth grade third (3) to twelve (12) regardless of sex, race, creed or national origin.

Article II League Structure

- A. The Grove City Youth Volleyball Program shall consist of eight leagues and the requirements are:

1. Grade Division

- a. Junior division/teams include grades 3 and 4
- b. Intermediate division/teams include grades 5 and 6
- c. Middle division/teams include grades 7 and 8
- d. Senior division/teams include grades 9 thru 12

2. General Rules

These volleyball rules are governed by the National Federation of Volleyball Rules and will apply to the bylaws except as modified herein.

- a. The league is open to all boys and girls in grades 3 thru 12.
- b. There is a mandatory play rule in this league. Each player in the Middle/Senior Division must play a minimum of two (2) full games. Rosters are limited to max of 9 players. You must have at least five (5) players on the court at game time in order to compete. **Middle** and **High School Division** may start the game with (4) four players. In case of a first game forfeiture, the second game of the match will be scheduled to start 15 minutes after the first game. If the second game of the match is not played as scheduled, the third game will also become a forfeit.
- c. There is **NO GRACE PERIOD** for the first game of the match. All teams are urged to be at the game site at least 15 minutes early. A match will consist of three (3) games. In the **Junior Division** each game consists of 15 minutes or 15 points whichever comes first. Teams must win by two, unless the time expires. There will be a running clock for each game. The **Intermediate Division** games will consist of the first two games played to 25 and the third game played to 15 in a rally scoring format. Teams must win by two with a 30 point cap the first two games and a 20 point cap in the third game. The **Middle/Senior Division** games

will consist of three games to 25 in a rally scoring format. Teams must win by two with a 30 point cap.

- d. Teams are allowed one (1) timeout, of one-minute duration, per game.
- e. Juniors serving underhand will be allowed to extend their serving area a maximum of five (5) feet onto the court. All others must serve behind the end line.
- f. Juniors when serving the volleyball may strike the net which will be deemed in play as long as the volleyball goes over the net.
- g. Junior/Intermediate: When your team is receiving serve you must pass the ball with an underhand bump. Middle/Senior can receive a serve under or overhand.
- h. All score sheets and substitutions will be checked on a daily basis. Please be sure to record all substitutions correctly.

3. Substitution

In the junior and intermediate divisions, a sub will be entered to serve after each rotation into the right back position. Therefore, any player who is not presently in the game will sit out a maximum of four (4) rotations at one time. In the Junior and Intermediate Division teams must start each game with the same line-up that they finished the previous game.

If your team is not serving you must rotate when it's your teams turn to serve.

Middle/Senior: Each player in the Middle/Senior Division must play a minimum of two (2) full games. Example: If a front row player is substituted by player B, then for one game both players must play the entire game. If anyone is substituted it equals a half a game played. Rosters are limited to 8 players per team with a max of 9 players. You must have at least five (5) players on the court at game time in order to compete. In case of a first game forfeiture, the second game of the match will be scheduled to start 15 minutes after the first game. If the second game of the match is not played as scheduled, the third game will also become a forfeit.

4. Serving Limitations

There is a limit of five (5) points per server in each division. After five (5) points have been reached, that team will rotate and will continue to serve.

5. Protests

The only protest accepted by this office will be the eligibility of players. All other disputes must be settled on the court.

Article III Coaches

- A. Only approved coaches with an application on file for the current season with the Grove City Parks and Recreation office are permitted on the court or in the gymnasium during games and practices. **NO EXCEPTIONS.**
- B. Shall abide by the provisions of the National Youth Sports Coaches Association (NYSCA). Are responsible for keeping players and their parents informed at all times.
- C. May appoint one or more "Team Parent(s)" to assist with the team. The role of the "Team Parent" may include keeping score, organizing snack schedules, and planning team parties and other off-court activities.
- D. Must have a completed Grove City Youth Volleyball application for each team member, in their possession, at all practices and games.

- E. Are responsible for making sure that uniforms including coaches shirts are not modified, including (but not limited to) adding patches, names, cut-off sleeves or stick-ons.
- F. Shall not use any tobacco product, alcohol or other illegal substances before or during practices or games.
- G. Shall not use profanity, verbal or physical abuse or unsportsmanlike conduct (including abuse of equipment). Any occurrence will draw immediate ejection from the game as outlined in the EJECTIONS rule.
- H. Any coach playing a player that is not on the official team roster will forfeit all games the said player participated in **AND** the coach will be suspended for the remainder of the season. If this occurs during a tournament game, both the coach and the team will be removed from the tournament and their season will end.
- I. Coaches are responsible for other duties assigned by Grove City Parks & Recreation Department.

Any coach that is caught violating a league rule, regardless of the reason, will be suspended as outlined in the EJECTIONS rule.

Article IV **Practice/Scrimmages**

- A. The Grove City Parks & Recreation department shall establish all practice/game schedules.
- B. The only practices that will be sanctioned are those scheduled by the Grove City Parks & Recreation department.
- C. Coaches are not permitted to practice outside your scheduled practice time. Violation of this rule may result in suspension.

Article V **Treatment of Injured Player**

- A. In the event of an injury to a player, the primary concern of all the coaches will be the treatment of said player. Team players should be instructed to clear the area around the injured player.
- B. In the event an injured player must be taken to the hospital or doctor's office, an adult must accompany the player.
- C. An incident report must be completed and given to coordinator within 24 hours.

Article VI **Field of Play Conduct Rules**

Experience has proven that it is impossible to anticipate all problems or concerns when rules are formulated and adopted. Therefore, the Parks and Recreation Department reserves the right to modify any rule governing play in any league under the jurisdiction of the Parks and Recreation Department when in our judgment, the application of the said rule will result in gross unfairness or unreasonable hardship.

A. Unsportsmanlike Conduct

EJECTIONS:

Grove City Parks and Recreation has created a zero tolerance policy that includes but not limited to the following: fighting, physical contact, aggressive behavior towards an individual, profanity, belittlement of players, violation of substitution rule. This type of behavior could result in indefinite suspension to a lifetime ban from parks and recreation activities.

If an individual is ejected from a game for ANY reason, that individual must leave the facility immediately, is suspended, and will not be permitted at any future practices or games until Grove City Parks and Recreation Coordinator or designee has reviewed the incident. The individual ejected, potential witnesses and the official must submit an incident form explaining the situation that resulted in the ejection. Based upon the information provided, the suspension may result in a minimum of a one game suspension up to permanent removal from all future league activities conducted by Grove City Parks and Recreation. If an individual is ejected from two (2) separate games, that individual will be immediately removed from the league without a refund and will not be permitted at any facility for games for the remainder of the season.

Article VII Awards

- A. The Grove City Parks & Recreation Department will provide awards of participation for all Youth Volleyball participants.
- B. 3rd grade through 12th grade will receive a trophy.
- C. No coach, parent or player shall issue any awards, irrespective of cost, other than those approved. Any person found to issue such illegal awards would be liable for suspension from participation in any program sponsored by the Grove City Parks & Recreation Department for a period of one (1) year.

These volleyball rules are governed by the National Federation of Volleyball Rules and will apply to the bylaws except as modified herein. All head coaches must be NYSCA certified.