

Registration

Each participant must submit a registration form.
Please print legibly.

Deadline
Registration must be received by Friday, March 14.
Space is limited.

Fee
\$40, includes presentations and lunch.
Make checks payable to:
Gardens at Gantz Farm Volunteers

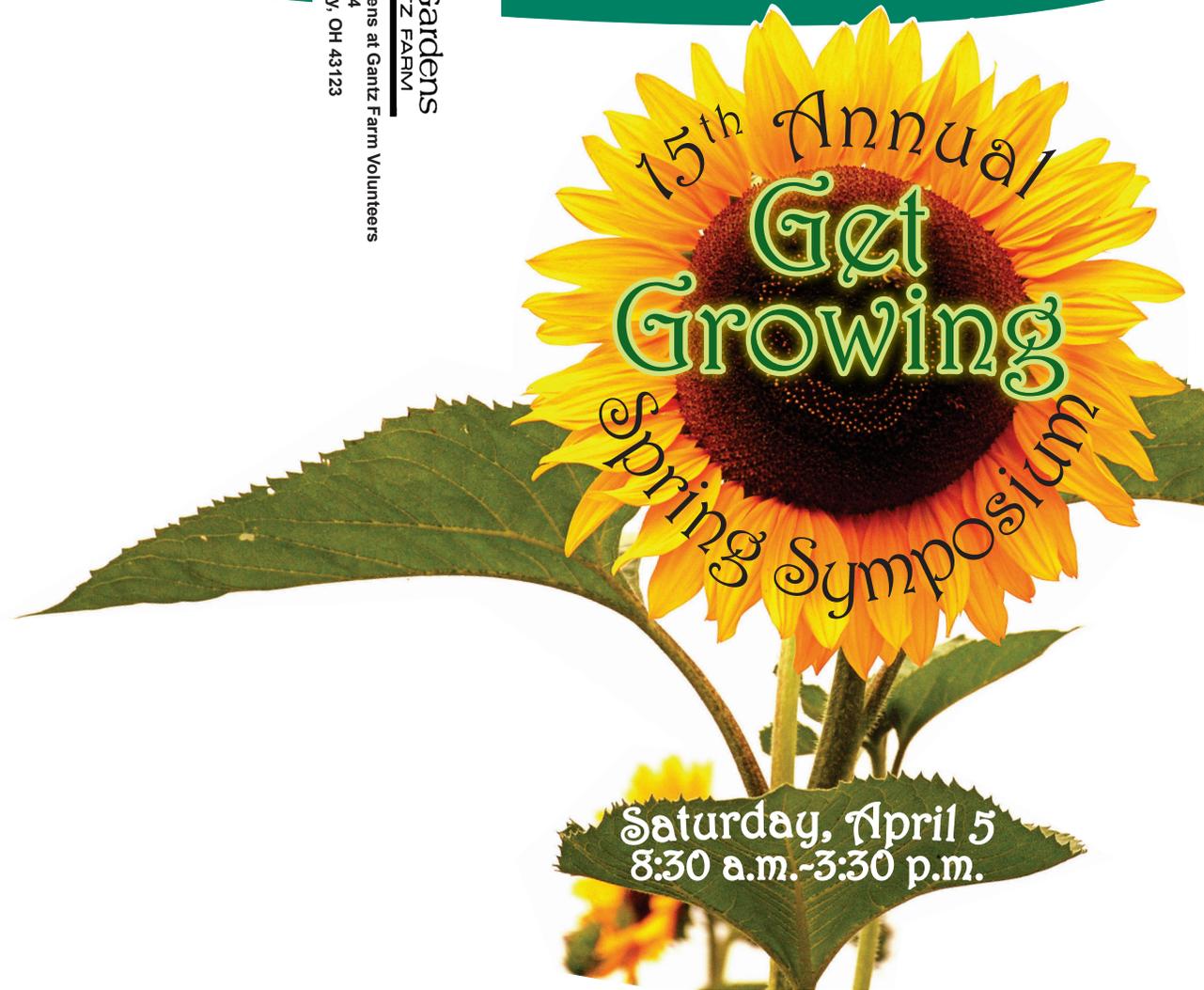
NAME	
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<input type="checkbox"/> Please send a confirmation by email.	

Lunch
Prepared and served by
The Gardens at Gantz Farm Volunteers.

Mail Registration To:
Gardens at Gantz Symposium
Attn: Valerie Vlaskovich
954 Pinnacle Club Dr.
Grove City, OH 43123


The Gardens
AT GANTZ FARM
The Gardens at Gantz Farm Volunteers
PO Box 34
Grove City, OH 43123

*The Gardens at Gantz
Volunteers
Invite You To The:*



Evans Center
4330 Dudley Ave.
Grove City, Ohio 43123

GARDENS AT GANTZ HERB SYMPOSIUM

Saturday, April 5 | 8:30 a.m. - 3:30 p.m.

Evans Center | 4330 Dudley Ave., Grove City, OH 43123

Agenda and Programs

8:30 a.m. | **Registration**

9 a.m. | **Welcome/Opening Comments**

9:15 a.m. | **Palettes of Italy**

Susan Liechty

Master Gardener & Vice President, Herb Society of America

Susan discusses her travels through Italy and introduces us to the country's food, liqueurs, herbs and gardens. She provides recipes and tasty samples. Her cookbook is available for purchase.

10:15 a.m. | **Break/Shopping**

10:30 a.m. | **Gardening for the Health of It**

Stacy Best

Registered Kinesiotherapist & Master Gardener, Holistic Lifestyle Coach

Learn about the nutritional, physical and stress management benefits of gardening. Discover how to exercise in the garden and proper garden biomechanics to avoid next-day soreness. Explore the benefits of pairing herbs with superfoods to create healthful and delicious recipes. Stacy provides recipes with samples to taste.

11:30 a.m. | **Break/Shopping**

Noon | **Lunch/Shopping**

1 p.m. | **Breakout Session I**

Attend one of four sessions. See side panel for details.

2 p.m. | **Breakout Session II**

Attend one of four sessions. See side panel for details.

3 p.m. | **Turn your Yard into a Haven for Wildlife**

Barbara Velez Barbosa

Habitat Ambassador,
National Wildlife Federation

Whether you have an apartment balcony or a 20-acre farm, learn to create a garden that attracts beautiful wildlife and helps to restore habitat in commercial and residential areas. Barbara also explains how your yard can qualify to become an official certified wildlife habitat by providing food, water, cover and a place for wildlife to raise their young.

Vendors

Browse a wide variety of items including native and miniature plants, garden art, soaps, lotions, books, honey products and more.

The Gardens at Gantz Volunteers also host the popular Bargain Garden of gently used items.

Questions? Contact Lenore Meila at 614-361-0664
or visit Parks.GroveCityOhio.gov/Gantz



Breakout Sessions

Attend two of the following

- **Gardening with Miniature Plants**
Presented by Roger Seeley of Seeley's Landscape Nursery
- **Native Plants in the Landscape**
Linda Johnson, Scioto Gardens
- **Relaxation 101 & Create your own Foot Scrub**
Lisa Feldman, L.S.W., and Gantz volunteer
- **Ask the Experts**
Visit with four Gantz volunteers in a roundtable format to learn about:
 - ~ 10 herbs everyone should have
 - ~ Green cleaning
 - ~ Dividing, rooting and pruning
 - ~ Flavored oils and vinegars

Directions

From the east or west:

- I-270 south
- Exit I-270 at Grove City/U.S. Route 62 (Exit 2)
- South on U.S. Route 62/Broadway for 1.75 miles to Columbus St.
- Left on Columbus St.
- Go 0.2 miles to Dudley Ave. (opposite St. John's Lutheran Church)
- Right on Dudley Ave.
- Street ends in Windsor Park; Evans Center is to the left in the park

From the north or south:

- I-71 to Exit 100/Stringtown Rd.
- West on Stringtown Rd.
- Proceed for 2 miles (Stringtown Rd. becomes Columbus St. after 1 mile/at Hoover Rd.).
- Left on Dudley Ave. (opposite St. John's Lutheran Church)
- Street ends in Windsor Park; Evans Center is to the left in the park