



GROVE CITY DIVISION OF POLICE

2012 Police Officer Selection

Physical Fitness Acknowledgement

The State of Ohio requires new Police Officer candidates, upon graduation from an academy, to be at or above the 50th percentile level for their age and gender (per Cooper Standards) in the following areas:

Push-Ups (One Min)
Sit-Ups (One Min)
1.5 Mile Run

Candidates are tested by a Grove City Division of Police Physical Fitness Officer (who is certified by the State of Ohio) in the aforementioned areas.

If a candidate tests below the 40th percentile in any category for their age and gender during the physical fitness assessment the applicant will be removed from the selection process.

Current Cooper Standards are attached for reference and are provided to the applicant. The candidate will indicate acknowledgement that they have been provided a copy of the academy entry level requirements below.

A conditional offer of employment will require the candidate to perform an additional physical fitness assessment before admission to the Ohio State Highway Patrol Basic Peace Officer Academy.

Acknowledgement of Physical Fitness Standards

I _____ have been provided a copy of the Cooper Standards Ohio Peace Officer Basic Training Program Physical Fitness Standards. I understand that my eligibility as a candidate is dependent upon a minimum score in all categories of 40%.

I further understand and acknowledge that participation in the physical fitness assessment is voluntary and any injury that might occur is solely the responsibility of the candidate.

Applicant Signature

Date